

## Email and Texting Policy

Email and text messages are not a HIPAA-protected form of communication, meaning that email is too vulnerable to intrusion to meet the standards required for *protected* health information. Since email and texts are such a common and convenient form of communication, I do offer email or texting as a way of contacting me for *non-urgent, non-emergency communication* (Please reference the form on emergencies). I do not conduct therapy over email or text and my response time may be inconsistent. Please note that my voice mail, email and text messages are not checked during non-work hours, weekends, and holidays.

\_\_\_\_\_ Yes, I would like to use email as a way to communicate.

\_\_\_\_\_ No, I would prefer not to use email as a way to communicate.

\_\_\_\_\_ Yes, I would like to use text as a way to communicate.

\_\_\_\_\_ No, I would prefer not to use text as a way to communicate.

\_\_\_\_\_ Printed Name of Client

\_\_\_\_\_ Signature of Client

\_\_\_\_\_ Date

Your signature below indicates that you have

1. Read the Policies form and agree to its terms.
2. Read the HIPAA Notice of Privacy Practices.
3. Read the email/text information and acknowledge the risks of communication via these modalities.

\_\_\_\_\_ Printed Name of Client

\_\_\_\_\_ Signature of Client

\_\_\_\_\_ Date