

Email and Texting Policy

Email and text messages are not a HIPAA-protected form of communication, meaning that email is too vulnerable to intrusion to meet the standards required for *protected* health information. Since email and texts are such a common and convenient form of communication, I do offer email or texting as a way of contacting me for *non-urgent, non emergency communication* (Please reference the form on emergencies). I do not conduct therapy over email or text and my response time may be inconsistent. Please note that my voice mail, email and text messages are not checked during non-work hours, weekends, and holidays.

_____ Yes, I would like to use email as a way to communicate.

_____ No, I would prefer not to use email as a way to communicate.

_____ Yes, I would like to use text as a way to communicate.

_____ No, I would prefer not to use text as a way to communicate.

_____ Printed Name of Client

_____ Signature of Client

_____ Date

Your signature below indicates that you have

1. Read the Policies form and agree to its terms.
2. Read the HIPAA Notice of Privacy Practices.
3. Read the email/text information and acknowledge the risks of communication via these modalities.

_____ Printed Name of Client

_____ Signature of Client

_____ Date